

# UNITE & INSPIRE

*...to make an impact!*



## U&I Board Message

We invite you to support our mission and hope this newsletter gives you insights into how our youth volunteers get inspired to give back and leave positive marks on the communities. In honor of our organization's founding day proclamation recognition, our volunteers are going to showcase their art work on Nov. 6'2022 at Memorial parkway, Sugarland. Please stop by and support them.

Truly Yours,  
U&I Board



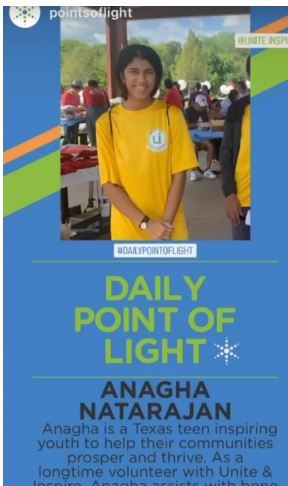
## Civic Engagement Tour



The District Attorney's Office invited our U&I volunteers for a hands-on educational tour about the workings of the Civic Judiciary. The highlights of the tour included the County CourtHouse tour, and interaction with officials including the Fort Bend County Judge Ms. Juli Mathew.

## Access Health Partnership

Access Health and U&I partnered to launch volunteering services focused on medical needs and public health. In addition to specialized volunteering opportunities, they bring public health awareness to the cities of Richmond and Stafford.



## Points of Light - Anagha Natarajan

U&I veteran volunteer Anagha, who has been volunteering since U&I started in Jan '2019, is a paragon of our organization's spirit and mission, bringing us recognition on a national level! Read more at <https://tinyurl.com/AnaghaNatarajan>



# U&I Internships - Summer 2022

**Our “Rise and Thrive” initiative gives a platform to the aspiring volunteers through internships focusing on experiential “hands on” learning.**

**Our Summer Internship was initiated in June 2022 with with a total of 19 Interns actively engaged in the following six projects.**

## **COMMUNITY PROJECT - RESEARCH**

### **Research Project For “Exploring Pandemic Experiences Of Children, Teens, And Older Adults Through A Podcast”**

The interns received training from a university research team about interview etiquettes, methodologies and research. Utilizing these new skills, they recorded mock podcasts exploring pandemic experiences in various age groups.

## **COMMUNITY PROJECT - EDUCATION**

### **Education Curriculum Design**

The interns designed high school tutoring material for math and science. The content and practice sheets will be issued by partnering organizations to provide free tutoring services to underprivileged kids.

## **COMMUNITY PROJECT - EDUCATION**

### **Understanding Caregiver Burden Among Those Caring for Dementia/Alzheimer Patients**

This exploratory study used qualitative methodologies such as observation, interviews, focus groups to understand an unpaid caregiver experience (like spouse, child or any other immediate family member) when caring for Dementia/Alzheimer patients.

## **MEDICAL**

### **Raise Awareness about Thalassemia**

The project aimed at raising awareness about the disorder and its treatments. The interns created a powerful presentation with a comic art piece and a story on Thalassemia and its cure.

## **SPECIAL NEEDS**

### **Content Creation for “Impact Learning App” for Special Needs Kids**

Impact Learning App is an Android smart application designed and developed by U&I Interns, that aids learning for special needs children. The team worked with a mentor, Ms Sanjukta Mukherjee, to upgrade the app incorporating prior research & feedback. They are in the process of re-publishing the improved app currently available on Google Play.

## **MEDIA AND COMMUNICATIONS FOR U&I**

### **Design, Develop and Promote Unite & Inspirer’s Social Media presence**

The interns worked on increasing U&I’s social media presence on Facebook, Instagram and Twitter showcasing the organization’s outreach and impact on national and international level, beyond Texas.

# Community Volunteering Activities

## Kids Meals Houston



U&I volunteers in collaboration with Kids meals help unpack and prep for Meal bags

## Grandparent's day



U&I volunteers celebrated grandparents' day by creating cards and gifting fruit baskets

## Access Health Back to school drive



### Operation Gratitude

U&I Youth engage in a letter-writing/art workshop, offering gratitude to our US Deployed Troops for their services



### Christ Church Shoe Drive

U&I partnered with CCSL to acquire athletic shoes for children in Fort Bend in need.



# Ongoing Volunteering Activities

## Halo House



Our volunteers greet and serve freshly cooked meals for cancer patients at Halo House.

## Lunches of Love



Love Bags! - Our volunteers decorate lunch bags with inspiring messages, riddles or jokes to add a bit of extra love to the brown bag's meal!

## Houston Food Bank



At Houston Food bank, we pack and make food packs to help people who get very little food.

## Community Gardening



Our Volunteers actively working at Urban Harvest Community Garden!

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