

# UNITE & INSPIRE

...to make an impact!



## Unite & Inspire

Our organization was recognized by the Office of Mayor, City of Sugar Land with a Proclamation honoring November, 16th 2022 as "Unite & Inspire Day". This is significant and very special as November 16th is the foundation day of Unite & Inspire formed with a noble mission.

We also welcome, Sonali Sapru, succeeding & newly elected U&I President. Sonali brings diverse viewpoints and expertise to increase our impact to the community.

## Summer Internships

Our 2022 Rise & Thrive Summer Internship program is in full swing. We have high school and college youth who work on unique initiatives to understand community problems through internship projects and conduct innovative research independently and through collaborations with the Area Agency, and Universities of Colorado Boulder, Vermont, and Ottawa. Our mobile app, "Learning Impact" project team works closely with Mr. Murtaza and Ms. Sanjukta Mukherji, who specializes in the field of special education. Ms. Gaytri Kapoor mentors our Public Health Awareness Internship team.



**ABOUT OUR PROJECT:**  
Our names are Asha, Ansha, and Kavya, and we are interns at Unite & Inspire in the Rise & Thrive program. We are studying caregiver burden among unpaid dementia caregivers, specifically how the pandemic has had a toll on their health. We would appreciate the opportunity to interview caregivers over Zoom.

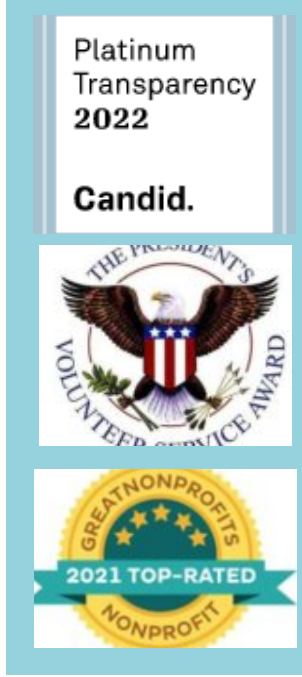
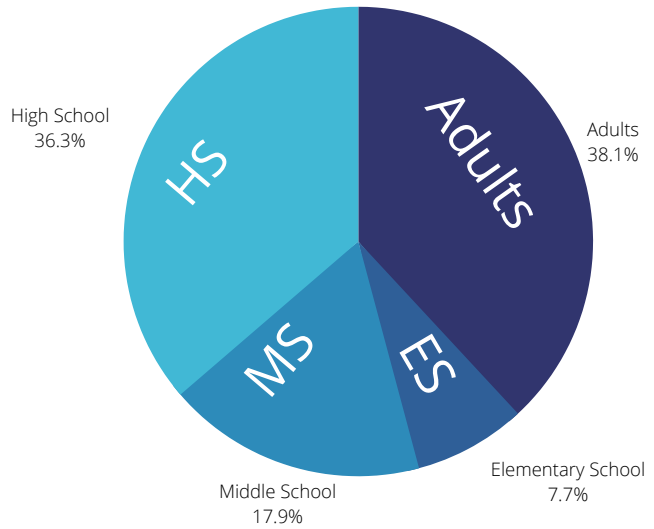
**TO GET INVOLVED:**  
If you are interested in participating, please scan the QR code using the camera on your phone. For any questions or help registering, please email [deborah@uniteandinspire.org](mailto:deborah@uniteandinspire.org)



## Registration Information -2022

Organization has grown & now includes -

280+ volunteers,  
30+ U&I staff



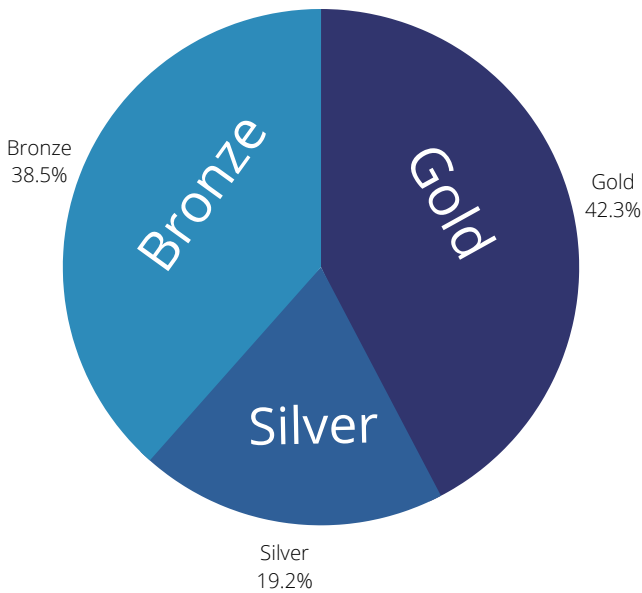
# Annual Volunteer Appreciation Event - 2021

*An occasion to celebrate the spirit of volunteering and giving, exhibited with compassion & care to communities by our volunteers.*



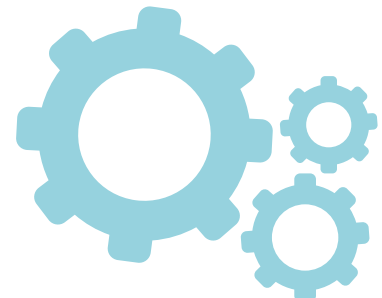
*Our guest of honor were Ms. Carol McCutcheon, Sugarland City Council Member and Mr. James M Cross, Principal of Cinco Ranch High School. Ms. Carol and Mr. James felicitated our volunteers who are President's Volunteer service Award, U&I Outstanding & Inspirational Awards*

## PVSA Awardees - 2021 Year



## STEAM Registrations

Our STEAM group engages our volunteers in technology, coding and Art field. This summer our volunteers bring educational opportunities to U&I community, and partners like Texana Center to teach skills using technology.



# Community Volunteering Activities

## Autism Awareness Day - Lellow Foundation Sock Sorting



## School Supply Drive



Raising around \$1500 worth of supplies, this work was done in partnership with MyAccessHealth who would distribute these school supplies to low income families in the city of Richmond.

## Books and Toiletries Drive



## Earth Day



# Ongoing Volunteering Activities

## Halo House

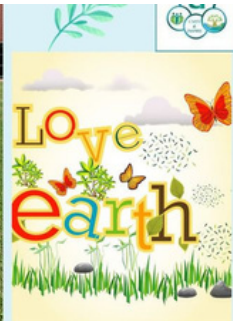


## Lunches of Love

## Houston Food Bank



## Community Gardening



Harvesting produce for the pantry that feeds the homeless is a fulfilling and fun activity for our volunteers!!

[www.uniteandinspire.org](http://www.uniteandinspire.org)

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